

CITY OF LINCOLN

RECREATION GUIDE

SPRING/SUMMER 2018



Aquatics Programs

pg. 4 - 5

Summer Camps

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STAR WARS DAY MAY THE 4TH BE WITH YOU

PETE SINGER PARK • LINCOLN, CA
MAY 4, 2018 • 5PM



@LincolnParksRec



**PARENT TOT
SCAVENGER HUNT**
10AM - 12PM
(BEERMANN PLAZA)

CALLING ALL JEDI KNIGHTS!

BUILD YOUR OWN LIGHT SABER • JEDI TRAINING • CRAFTS
MUSIC • DRESS-UP CONTEST • FOOD VENDORS
FREE STAR WARS BOOKS TO THE FIRST 125 FAMILIES!!



BINGO
6:30PM - 7PM

LAST JEDI MOVIE
7PM - 9PM

(LINCOLN CROSSING ELEM MPR)



WHEN THE SUN GOES DOWN, THE BIG SCREEN GOES UP - JOIN US AT MCBEAN PARK FOR FREE MOVIE SHOWINGS, FOOD TRUCKS, RAFFLES, A KID ZONE AND MUCH MORE! THE MOVIES WILL BEGIN AT 8:30PM. **BLANKETS AND CHAIRS ARE WELCOME!**

JUNE 8TH

JULY 6TH

AUGUST 3RD



MCBEAN PARK • 6-10:30PM

Let's Get Social!

- @LINCOLNMOVIENIGHTS
- @LINCOLNPARKSREC
- @LINCOLNPARKSREC



CALL FOR MORE INFO!

916 434 3220



Become A Sponsor!

...AND GET YOUR BUSINESS NOTICED!

WELCOME



2010 First Street
Lincoln, CA 95648

(916) 434-3220

Mon-Fri
8:30am-12pm, 1-4:30pm
Closed from 12-1pm

www.LincolnRec.net

CITY OF LINCOLN COMMUNITY CENTER



Lincoln Recreation



@lincolnparksrec
@lysports



@lysports2015

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Swim Lessons

Each swim lesson session includes eight 45 minute lessons. Sessions are Tuesday-Friday for two weeks.

Fee: \$60/\$65NR

| | Spring Session 1 5/15-5/25 | Spring Session 2 5/29-6/8 | Summer Session 1 6/12-6/22 | Summer Session 2 6/26-7/6 | Summer Session 3 7/10-7/20 | Summer Session 4 7/24-8/3 | Summer Session 5 8/7-8/17 | Summer Session 6 8/21-8/31 |
|--------------------|----------------------------------|---------------------------------|----------------------------------|---------------------------------|----------------------------------|---------------------------------|---------------------------------|----------------------------------|
| 10-10:45am | | | P/P • AQ18.018 | Level 1 • AQ18.038 | P/P • AQ18.058 | Level 1 • AQ18.078 | | |
| | | | Level 1 • AQ18.019 | Level 2 • AQ18.039 | Level 1 • AQ18.059 | Level 2 • AQ18.079 | | |
| | | | Level 2 • AQ18.020 | Level 3 • AQ18.040 | Level 2 • AQ18.060 | Level 3 • AQ18.080 | | |
| | | | Level 4 • AQ18.021 | Level 4 • AQ18.041 | Level 4 • AQ18.061 | Level 4 • AQ18.081 | | |
| 11-11:45am | | | P/T • AQ18.022 | Level 1 • AQ18.042 | P/T • AQ18.062 | Level 1 • AQ18.082 | | |
| | | | Level 1 • AQ18.023 | Level 1 • AQ18.043 | Level 1 • AQ18.063 | Level 2 • AQ18.083 | | |
| | | | Level 2 • AQ18.024 | Level 2 • AQ18.044 | Level 2 • AQ18.064 | Level 3 • AQ18.084 | | |
| | | | Level 3 • AQ18.025 | Level 3 • AQ18.045 | Diving • AQ18.065 | Level 4 • AQ18.085 | | |
| 12-12:45pm | | | Level 1 • AQ18.026 | P/P • AQ18.046 | Level 1 • AQ18.066 | P/P • AQ18.086 | | |
| | | | Level 1 • AQ18.027 | Level 1 • AQ18.047 | Level 2 • AQ18.067 | Level 1 • AQ18.087 | | |
| | | | Level 2 • AQ18.028 | Level 2 • AQ18.048 | Level 3 • AQ18.068 | Level 2 • AQ18.088 | | |
| | | | Level 3 • AQ18.029 | Diving • AQ18.049 | Level 5 • AQ18.069 | Level 4 • AQ18.089 | | |
| 5:30-6:15pm | P/P • AQ18.002 | P/P • AQ18.010 | Level 1 • AQ18.030 | Level 1 • AQ18.050 | Level 1 • AQ18.070 | Level 1 • AQ18.090 | Level 1 • AQ18.098 | Level 1 • AQ18.106 |
| | Level 1 • AQ18.003 | Level 1 • AQ18.011 | Level 2 • AQ18.031 | Level 1 • AQ18.051 | Level 2 • AQ18.071 | Level 1 • AQ18.091 | Level 2 • AQ18.099 | Level 2 • AQ18.107 |
| | Level 2 • AQ18.004 | Level 2 • AQ18.012 | Level 3 • AQ18.032 | Level 2 • AQ18.052 | Level 3 • AQ18.072 | Level 2 • AQ18.092 | Level 3 • AQ18.100 | Level 3 • AQ18.108 |
| | Level 4 • AQ18.005 | Level 4 • AQ18.013 | Level 4 • AQ18.033 | Level 3 • AQ18.053 | Level 4 • AQ18.073 | Level 3 • AQ18.093 | Level 4 • AQ18.101 | Level 4 • AQ18.109 |
| 6:30-7:15pm | Level 1 • AQ18.006 | Level 1 • AQ18.014 | P/P • AQ18.034 | P/T • AQ18.054 | P/P • AQ18.074 | P/P • AQ18.094 | P/P • AQ18.102 | P/P • AQ18.110 |
| | Level 2 • AQ18.007 | Level 2 • AQ18.015 | Level 1 • AQ18.035 | Level 1 • AQ18.055 | Level 1 • AQ18.075 | Level 1 • AQ18.095 | Level 1 • AQ18.103 | Level 1 • AQ18.111 |
| | Level 3 • AQ18.008 | Level 3 • AQ18.016 | Level 2 • AQ18.036 | Level 2 • AQ18.056 | Level 2 • AQ18.076 | Level 2 • AQ18.096 | Level 2 • AQ18.104 | Level 2 • AQ18.112 |
| | Level 5 • AQ18.009 | Level 4 • AQ18.017 | Level 4 • AQ18.037 | Level 4 • AQ18.057 | Level 4 • AQ18.077 | Diving • AQ18.097 | Level 4 • AQ18.105 | Level 4 • AQ18.113 |

Parent/Toddler (P/T): 6-24 months

Parent participation required. To develop a high comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in water.

Parent/Preschool (P/P): 2-5 years old

Parent participation required. To develop a high comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in water. Some objectives are to exhale underwater (blow bubbles), and demonstrate a readiness to float with support.

Level 1: Introduction to Water Skills

To orient participants to the aquatic environment and teach children elementary skills that can be built on as they progress through The Learn to Swim program. Some objectives are to fully submerge head and retrieve underwater objects and to perform back float and front float.

Level 2: Fundamental Aquatic Skills

To build on the fundamentals learned in Level 1 such as aquatic locomotion, safety, and rescue skills, and to perform a combined stroke on front and back.

Level 3: Stroke Development

Learning objectives for this class are to coordinate the components of the front and back crawl, retrieve objects unsupported with eyes open, rotary breathing in a horizontal position, and learn the basic rules of diving.

Level 4: Stroke Improvement

To develop confidence and competency in the aquatic skills presented so far in the Learn to Swim program. Some learning objectives are diving from the side of the pool, building endurance by swimming elementary backstroke, breaststroke, butterfly, front and back crawl.

Level 5: Stroke Refinement

To coordinate and refine the key strokes presented thus far in The Learn to Swim program and to introduce flip turns while swimming on front and back, and tuck and pike surface dives.

Diving

A class that builds on the skills already learned. Teaching starts with beginning diving skills and will progress at the rate of the student's ability. Must have Level 4 skills.



Private Swim Lessons

For 1 participant, \$150

Semi-Private Swim Lessons

For 2-3 participants, \$225

Private and Semi-Private Lessons are available during the regular session dates from 1-1:30pm and 5-5:30pm.

Contact McBean Pool at (916) 434-3230 for registration and scheduling.

*Adaptive and Adult lessons also available!
Please contact the pool for scheduling.*

Junior Lifeguarding

American Red Cross Junior Lifeguarding is designed to guide adolescents ages 11-14 to the Red Cross Lifeguarding course by building a foundation of knowledge, attitudes and skills for future lifeguards. It serves to bridge the gap between Learn-to-Swim and Lifeguarding, and includes the following topics: Development of swimming skills and endurance • Victim recognition • First Aid/CPR/AED • Water rescue skills

AQ18.137 • 7/9 - 7/20
Mon-Fri • 10am - 1pm • Fee: \$125/\$130NR

Basic Water Rescue

Whether you are a foster or adoptive parent seeking certification requirements – or you work or volunteer in a field that takes you on, in, or near the water – or you're a weekend warrior who loves to swim, boat or paddle around the pool – our Basic Water Rescue programs can complement all that you do. This Basic Water Rescue course provides individuals with the information and skills necessary to prevent, recognize and respond to aquatic emergencies. The Basic Water Rescue course does not provide participants with all the information and skills needed to be certified as a lifeguard. Bring a swim suit and towel to this one day class. Age: 16+

AQ18.129 • 6/9 • Sat • 9am - 1:20pm
\$50/\$55NR

Lifeguard Recertification

Please contact the pool for more information, (916) 434-3230

Drop-In Programs

Drop-In admission fees apply to Recreation Swim, Family Swim, Lap Swim, Water Fitness and Tiny Tot Playtime.

3 & Under.....Free
4-17.....\$3
Adult.....\$5

Recreation Swim

The pool is open during the summer for recreational swimming. The facility is equipped with diving boards, picnic areas, showers, and changing rooms. Lap lanes are available during lap swim times only. Children under the age of 8 are not permitted without an adult. Schedule subject to change.

6/11 - 8/15 • Mon-Fri • 2-5pm
6/16 - 9/1 • Sat • 2-5pm

Family Swim Night

Come and bring the family out for an evening of fun at the pool during our Family Swim on Monday Nights!

6/11 - 8/27 • Mon • 5:30-7:30pm
4th of July & Labor Day: 12-5pm

Tiny Tot Playtime

Tiny Tot Playtime is designed for children 6 & under along with their parents &/or guardian. Playtime is a great way to cool off in the summer and to introduce your child to water. Ages 6 & under.

6/11 - 9/3 • Mon • 10-11:30am



Water Fitness

Take advantage of the water's natural resistance in a low impact environment. This class is a combination of shallow & deep water aerobics and suitable for all fitness levels. Passes are available for sale at the pool during program times. **Ages 15+**

4/30 - 8/31 • M/W/F • 7:30 - 8:15pm
9/5 - 11/1 • M/W/F • 6:30 - 7:15pm

Lap Swim

Participants may swim laps, water walk, or exercise at their own pace. The following equipment is available for use: kick boards, pull buoys, and noodles. **Ages 15+**

5/1 - 8/30 • T/Th • 7:30 - 8:30pm
9/4 - 11/1 • T/Th • 6:30 - 7:30pm

Pool Passes

Family Passes & Individual passes are good for entrance to Recreation Swim, Family Swim Night, and Tiny Tot Playtime. Water Fitness Passes are good for Water Fitness & Lap Swim.

Family Pass

\$120 (up to four people)
\$25 per additional family member

Individual Pass

\$50 Ages 4-17
\$75 Ages 18+

Water Fitness Pass

\$50 10 visit punch card
\$95 20 visit punch card
\$300 Water Fitness Season Pass

Pool Rentals/Parties

Private Pool Parties

Have your own private party where you and your group can have the pool all to yourself! The McBean Pool is available to rent for your special occasion. Rentals include exclusive use of the pool, deck, and picnic area and are staffed with lifeguards. Private parties are available on Saturdays or Sundays. Call us today to schedule your private pool party.

Fees:

\$125 per hour
\$50 per hour for additional lifeguards
(if party is more than 40 people)

Birthday Parties

Have a stress free birthday party and leave the planning to us! The Recreation Department offers all-inclusive birthday parties at McBean Pool. Parties are held during Recreation Swim.

Party Package Includes:

Use of McBean Pool facility during designated swimming hours for up to 3 hours, reserved tables for 1 hour, cake, punch, party invitations, paper products, and a party host.

Fees:

\$175 for 1-10 children
\$250 for 11-20 children
\$4 for each additional child

Add-On Options:

Pizza, \$25 per 10 guests



Lincoln Lightning

The Lincoln Lightning Swim Team is a non-traveling, intramural program. Placement on the team is based on space availability and skill level as determined by mandatory tryout/evaluation and space availability. Go to the Aquatics page at www.LincolnRec.net for specific guidelines and requirements. **Age: 6-18**

Practice Times: 7:30-10am*

Practice Days: Tues, Wed, and Thurs

AQ18.130 • 6/19-8/11 • \$150/\$160NR

Lightning Bugs

The Lightning Bugs is a beginner program for our Lincoln Lightning Swim Team. Placement into Bugs is based on skill level as determined by a mandatory tryout/evaluation and space availability. Go to the Aquatics page at www.LincolnRec.net for specific guidelines and requirements. **Age: 4-16**

Practice Times: 8-10am*

Practice Days: Mon and Fri

AQ18.131 • 6/18-8/11 • \$100/\$110NR

Mandatory Tryouts/Evaluations

5/19 • 9am-1pm

5/22, 5/23, 5/24 • 3:30-5:30pm

Participants must attend **ONE** of the mandatory tryout/evaluation times if he/she **WAS NOT** on the Lincoln Lightning or Lightning Bugs during the 2017 season **OR** If participant wants to advance from Bugs to Lightning.

Important Dates and Information

Pre-Registration is required for returning participants before the end of the day on **5/25** for placement. If participant is placed on a team, registration and payment will be required at first practice. Teams will be posted online and at the office on **6/5**.

Swim Meet Dates:

June 30, July 21 & August 4 • 8:30am -1pm

End of Season Awards Social: August 11

No Practice Dates: July 2 - July 6

Swim Team Conditioning

PRE TRYOUT - This 5 day program is for swimmers preparing for swim team try outs. Swimmers will work on endurance and technique as required per swim team guidelines. **Ages 4-18**

AQ18.139 • 5/14 - 5/18

Mon - Fri • 3:30 - 4:30pm • \$35/\$40NR

POST TRYOUT - This 8 day program will help improve conditioning and skill building for swimmers interested in preparing for the swim team season or just getting in shape. **Ages 4-18**

AQ18.132 • 5/29 - 6/8

Tues - Fri • 3:30 - 4:30pm • \$60/\$65NR

**Specific practice schedule will be determined once participants are assigned to a team.*



Week 1– Gold Rush Days

6/11-6/15 • Camp Color Wars

Field Trip: Top Golf

Location: McBean Park (BBQ Area)

Monday - Pool Day

Tuesday - Gold Panning Demo, Gold Slime Experiment, Club Day

Wednesday - Welcome to the Wilderness, Western Dress up Day

Thursday - Top Golf

Friday - Kids Kamp Color Wars, Kids Kamp Potluck

Week 2– Sports-a-Palooza

6/18-6/22 • Kids Kamp Olympics

Field Trip: Camp-a-Palooza

Monday - Pool Day

Tuesday - Bouncy Ball Craft, Club Day

Wednesday - Summer Wildlife Olympics, Sports Dress up Day

Thursday - Camp-a-Palooza

Friday - Kids Kamp Olympics, Kids Kamp Potluck

Week 3– Heroes Journey

6/25-6/29 • Superhero Showdown

Field Trip: The Studio

(Kids Ninja Warrior Training Studio)

Monday - Pool Day

Tuesday - Emergency Services Day, Club Day

Wednesday - Wildlife Survivor, Superhero Dress up Day

Thursday - The Studio (Ninja Warrior Training Studio)

Friday - Superhero Showdown, Kids Kamp Potluck



Kids Kamp is designed to inspire kids to explore discover and play by providing fun, safe and age appropriate recreation enrichment programs which encourages social development, provides diverse experiences, and promotes health and wellness.

Each week will be inspired by a theme and will be filled with making new friends all while enjoying action packed games, arts and crafts projects, yummy cooking projects, sports, science and awesome field trips! **Every Monday is a Pool Day!** Please bring a sack lunch, snack, and water to camp daily.

Come join the fun!

Only need a day or two of camp? *We now take daily registrations!*

Daily registrations are dependent on space availability and start at \$35 per day.

Ages: 5-12 • Mon-Fri • 9:00am - 3:30pm

Weekly Fee: \$135 each week (\$110 for Week 4. No camp on 7/4)

Daily Fee: \$35 • Thursday's Field Trip \$45

Super Starter (7:30am - 9am) \$25 Week/\$10 day • Fun Finale (3:30pm - 6pm) \$30 week/\$15 day

Location: Twelve Bridges Elementary School (Week 1, 9 & 10 will be held at Lincoln Community Center)

Week 4– Christmas in July

7/2-7/6 • Amazing Race Challenge

Field Trip: Roller King

* No Camp 7/4

Monday - Pool Day

Tuesday - 4th of July Lanterns, Club Day

Wednesday - NO CAMP - 4th of July Parade

(Kids Kamp will have a float in the parade for all who would like to participate)

Thursday - Roller King

Friday - Amazing Race Challenge, Kids Kamp Potluck

Week 5– Lego my Eggo

7/9-7/13 • Dodgeball Tournament

Field Trip: Blue Oaks Cinema: Incredibles 2

Monday - Pool Day

Tuesday - Lego Demonstration, Paper Plate Lego

Friend Craft, Club Day

Wednesday - Insect Mania, Cartoon Charecter Dress up Day

Thursday - Blue Oaks Cinema (Incredibles 2)

Friday - Dodgeball Tournament, Kids Kamp Potluck

Week 6– Barnyard Palooza

7/16-7/20 • Double Dare Challenge

Field Trip: Rockin' Jump

Monday - Pool Day

Tuesday - Grass Hair Planter Craft, Club Day

Wednesday - Aquatic Discovery Outdoor Adventure, Twin Dress up Day

Thursday - Rockin' Jump

Friday - Double Dare Challenge, Kids Kamp Potluck

Week 7– Geeky Greatness

7/23-7/27 • Diary of a Wimpy Kid

Challenge

Field Trip: CSD Aquatics Center

Monday - Pool Day

Tuesday - Computer Coding Demonstration, Velvet Art Shark, Club Day

Wednesday - Birds Eye View, Shark Dissection, Nerd Dress up Day

Thursday - CSD Aquatics

Friday - Diary of a Wimpy Kid Cheese Touch Challenge, Kids Kamp Potluck

Week 8 – Color Me Crazy

7/30-8/3 • Kids Kamp Survivor

Field Trip: Sacramento Zoo

Monday - Pool Day

Tuesday - Tye Dye T-Shirts, Club Day

Wednesday - Scavenger Hunt for Species, Hawaiian Dress up Day

Thursday - Sacramento Zoo

Friday - Kids Kamp Survivor Challenge, Kids Kamp Potluck

Week 9– Kids Kamps Got Talent

8/6-8/10 • Kids Kamp Talent Show

Field Trip: Quarry Adventure Park

Location: McBean Park (BBQ Area)

Monday - Pool Day

Tuesday - Science Demo, Color your own Cups, Club Day

Wednesday - Owl Pellet Dissection, Rock Star Dress up Day

Thursday - Quarry Adventure Park

Friday - Talent Show, Kids Kamp Potluck

SAVE THE DATE:

Kids Kamp's Got Talent Show will be on Friday, August 10, 5:30pm at the Lincoln Community Center

Week 10– Mad Science

8/13-8/17 • Young Scientist Challenge

Field Trip: Strikes Unlimited

Location: McBean Park (BBQ Area)

Monday - Pool Day

Tuesday - Baking Soda Bombs, Club Day

Wednesday - Look High, Look Low, wildlife is wherever you go!, Scientist Dress up Day

Thursday - Strikes Bowling Alley

Friday - Young Scientist Challenge, Kids Kamp Potluck



For more information go to www.LincolnRec.net



Mad Science Camps

Mad Science of Sacramento Valley is one of over 100 Mad Science franchises in over 20 countries that entertain and educate millions of children every year with exciting, hands-on science! We have been serving Sacramento and 7 surrounding counties (Placer, El Dorado, San Joaquin, Yolo, Sutter, Solano and Amador) since 1995.

Instructor: Mad Science Staff
Location: Creekside Oaks Elem School
Monday - Friday • 9am - 12pm



Beginner Hockey Camp Cool

Come learn the exciting and rapidly growing sport of Ice Hockey! Curriculum is based on camper skill levels. Loaner gear and rental skates are provided. Three hours of ice daily, with time to skate public session. Fun Friday scrimmage game. Off-ice games and activities. Every participant receives a Skatetown jersey. **No skating or hockey experience needed.** Bring your lunch or buy from the Cafe. Extended care is available through Skatetown.

AC2.524 • 6/25 - 6/29 • \$250/\$255NR
AC2.525 • 7/30 - 8/3 • \$250/\$255NR

Radical Robots

Great Scott! We need help to control our robots before they get the upper hand and take over the world! In this camp you will program robots, interact with them and build a cool robot to take home. Learn to control them with simple buttons, light, an easy graphical user interface and even your own voice! A wide range of challenges await everyone from the mature beginner to the most experienced roborater. Get ready to fire up your skills of deductive reasoning and problem solving. By the end you'll have a new super-power to control robots everywhere! *(An additional fee of \$30 for materials and your robot kit is due at the first day of camp.)*

Ages: 8-12

AC2.649 • 6/11 - 6/15 • \$159/\$164NR

Spy Academy

Look out 007-the Mad Science Spy Academy is here! From message decoding to metal detectors and night vision, campers will have the opportunity to check out spy equipment and even create their own edible message. Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis. Figure out the science of forensics in a hands-on look at crime scenes. Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies use. The take-homes for this camp were designed specially by Q himself!

Ages: 6-12

AC2.650 • 6/25 - 6/29 • \$159/\$164NR

Eureka! - The Inventors' Camp

Be inspired by the most famous inventors in history - Ben Franklin, the Wright Brothers, Leonardo Da Vinci, Rube Goldberg! - and create your OWN inventions! Use their techniques to break through a series of modern day challenges. You will learn how to invent solutions to problems and make them come to life, just like these legendary innovators did. Construct catapults and forts, design underwater vehicles, build a mini-amplifier, and assemble a working lightsaber to take home. Thomas Edison said invention is 10% inspiration and 90% perspiration, but this camp is 100% fun.

Ages: 6-12

AC2.651 • 7/16 - 7/20 • \$159/\$164NR

Flight Academy

It's a bird! It's a plane! No, it's...everything from the earliest flying machines to the first rocket flights. This hands-on program will let you learn all about aerodynamics and the world above us. Explore the basic principles of flight, build airplanes, test them in wind tunnels, ride a hovercraft and construct balloon copters. Discover the mysteries of the galaxy, learn about celestial navigation, and take home a rocket that you have built yourself. We'll be moving at light speed throughout this high velocity week!

Ages: 6-12

AC2.652 • 7/30 - 8/3 • \$159/\$164NR

Skatetown Camps

Skatetown Ice Arena in Roseville offers a great option to the traditional day camp. No skating or hockey experience needed. Camps held at Skatetown Ice Arena, 1009 Orlando Ave, Roseville.

Monday - Friday • 9am - 5pm

Age: 6-12

Camp Cool

Daily beginner group skating lesson. Build snowmen, toss snowballs, play in the snow and ride ice GoKarts. Play Monster Basketball, limbo, hockey, broomball and other games. Off-ice games and activities. Every participant receives a Camp Cool shirt. Rental skates are provided. **No skating experience needed.** Bring your lunch or buy from the Cafe. Extended care is available through Skatetown.

AC2.519 • 6/11 - 6/15 • \$250/\$255NR
AC2.520 • 7/9 - 7/13 • \$250/\$255NR
AC2.521 • 7/16 - 7/20 • \$200/\$205NR
AC2.522 • 7/23 - 7/27 • \$250/\$255NR
AC2.523 • 8/6 - 8/10 • \$250/\$255NR

**Skatetown offers
Ice Skating and Hockey Classes**
See page 14 for details





STEM Challenge using LEGO®

Gear up your engineering skills with Play-Well TEKologies and thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through projects such as Forklifts, Houseboats, Mini Golf Courses, and the London Tower Bridge. Design and build as never before, and explore your craziest ideas in a supportive environment.

**Campers are not able to take projects home*
Ages 6-11

AC2.548 • 8/6 - 8/10

Monday - Friday • 9am - 12pm

Fee: \$155/\$160NR

Location: Lincoln Crossing Elem, Tech Room

LEGO® BIG BUILD EVENT

Join us for this FREE event where we will build the City of Lincoln out of LEGO® Bricks!

Come join your friends and Play-Well TEKologies on Saturday May 19th to build the City of Lincoln out of 20,000 LEGO® bricks!

We'll bring all the bricks, you bring your creativity! You will have the opportunity to create the City of Lincoln as you would like to see it. Build houses, skyscrapers, parks, and more!

This event is FREE to families of any age.

Saturday • May 19 • 2 - 4pm

Location: Lincoln Community Center

PLEASE REGISTER FOR THIS FREE EVENT AT
www.LincolnRec.net



LEGO® Minecraft: Stop Motion Animation

The LEGO® Minecraft Camp is an exciting and educational experience into the world of stop-animation production. Using LEGO® building sets based off of the Minecraft theme, students will stage their own scenes from a storyboard and take photos of the scene to tell a story. Then they will edit the images in the Frames 6 animation software where they will add effects, sound and more.

Finally they will export their project to a video file that they can take home on a USB drive. They will also take home a student workbook that contains useful information for creating their own animation projects in the future.

Ages: 8-12

AC2.547 • 6/18 - 6/22

Monday - Friday • 9am - 12pm

Fee: \$160/\$165NR

Location: Lincoln Crossing Elem, Tech Room



Fairytale Adventure Camp

Hear ye, hear ye! Calling all royal dancers! Come and join Expressions Academy of Dance for a magical three day camp, filled with twirls, adventure, imagination and sparkle! Each day we will discover a new princess and her story! There will be crafts, snacks, coloring, games, and more! On Monday, we will dance and read with Princess Belle! Wednesday we will go on an adventure to Arendelle and visit with Anna and Elsa! On Friday we will travel under the sea to swim with Moana and Ariel! Special guest appearances on Friday for a tea party with Princesses! Join us for a week of fun and creativity!

Price includes: dance class, crafts, snacks, special appearance & photo opportunities, and a Princess Certificate to take home!

Age: 5-10

Fee: \$120/\$125NR

Mon, Tues, Wed • 10:30am - 1:30pm

AC2.589 • 7/9, 7/10, 7/11

Location: Expressions Academy of Dance
780 Sterling Parkway, Suite 30, Lincoln



We also offer Dance Classes

See page 10 for details

KIDS KAMP YOUTH VOLUNTEER PROGRAM

YOUR BEST SUMMER STARTS HERE!

Get involved, make a difference in the community...become a Youth Volunteer!

Volunteers are needed for our summer Kids Kamp!! Our Kids Kamp program is a 10-week program that runs Monday - Friday, June 11 - August 17. Volunteers will be asked to volunteer between the hours of 9am-3:30pm.

Volunteers must be 14 years or older to apply. Volunteers must register online and attend our Volunteer Training/Orientation in late April. For more information about the Youth Volunteer Program, please contact Stephanie Lombardi at 434-3228 or stephanie.lombardi@lincolncga.gov

Registration Deadline: April 13, 2018!

LINCOLN YOUTH SPORTS CAMPS

www.lincolnyouthsports.com



Basketball Skills Camp

Players will learn and practice key fundamental and advanced skills including footwork, rebounding, defense and offensive position specific skills while incorporating this training into competitions and scrimmages. This is a great camp for all players looking to have fun, improve skills, and take their game to the next level.

Fee: \$80

Location: Community Center

Grades: 3rd-5th • 10am-12pm

Grades: 6th-8th • 1-3pm

Session 1

Registration Deadline: 6/15

Dates: 6/18 - 6/22 • Mon-Fri

Session 2

Registration Deadline: 7/20

Dates: 7/23 - 7/27 • Mon-Fri



Volleyball Summer Skills Camp

Come participate in this week-long youth volleyball camp to learn and polish those skills and get some extra practice as we will focus on strengthening individual skill sets and incorporating them into game situations all while having tons of fun.

Registration Deadline: 7/13

Fee: \$80

Location: Community Center

Dates: 7/16 - 7/20 • Mon-Fri

Grades: 3rd-5th • 10am-12pm

Grades: 6th-8th • 1-3pm



Flag Football Boot Camp

Our Lincoln Youth Flag Football season is rapidly approaching, so here is your chance to dust off your cleats and get some training in before the first practice! Get a great workout with this week-long, 2 hour skills camp that will cover everything you will need to work on for the upcoming season.

Registration Deadline: 7/27

Fee: \$80

Location: Foskett Regional Park

Dates: 7/30 - 8/3 • Mon-Fri

Grades: 3rd-8th • 9-11am



Good Sport U

Hoop Improvement Summer Skills Camp

This four day, fun filled camp will provide your young player the opportunity to learn about basketball in a fun and positive environment. Each day will feature easy to learn instruction along with enjoyable games and contests that will enhance their development and love of the game. Coach Rick Bauer is the owner and coach of Good Sport U. All players receive a Good Sport U shirt.

Fee: \$50/\$55NR

Location: Twelve Bridges Middle School, Gym

Instructor: Rick Bauer

Age: 5-8

Mon-Thurs • 4:30-5:25pm

AC2.558 • 6/25 - 6/28

AC2.559 • 7/23 - 7/26

Age: 9-12

Mon-Thurs • 5:30-5:25pm

AC2.560 • 6/25 - 6/28

AC2.561 • 7/23 - 7/26



We also offer Hoop Improvement Classes

[See page 14 for details](#)



Soccer Camp

Challenger Sports British Soccer Camp is the most popular soccer camp working with over 150,000 children each year. Our experienced professional British staff study the game at all levels. We will teach key techniques and skills to help your player reach their true potential. With programs for ages 3-12, the curriculum includes a variety of foot skills, technical drills, tactical practices, freestyle soccer, small-sided games, coached scrimmages, and a mini World Cup tournament play. Want to host a British coach for the week of camp? Contact Ally at amaclennan@challengersports.com & get an \$80 rebate!

Players also learn about our core values of respect, responsibility, integrity, sportsmanship and leadership. Each child gets a FREE Soccer ball, T-shirt, Evaluation and soccer poster! All equipment will be provided by the instructor. Child should bring water, sunscreen and a snack if they wish.

Location: Foskett Regional Park

TinyTykes

Age: 3-5

AC2.571 • 7/9 - 7/13 • Mon-Fri • 8-8:50am

\$120/\$125NR

Soccer Academy

Age: 6-12

AC2.572 • 7/9 - 7/13 • Mon-Fri • 9am-12pm

\$185/\$190NR



What to Wear

Please wear soccer/sports attire.

Shin guards and soccer cleats are recommended, but not required. No open toed shoes.





Dance Classes

Come experience Expressions Academy of Dance's approach to building self-confidence and giving students the solid foundation they need to become fearless dancers and individuals.

Location: Expressions Dance Academy, 780 Sterling Parkway, Suite 30, Lincoln, CA 95648

Dance Discovery, Mommy & Me Ballet

This 45 minute class is a magical way for you and your toddler to experience dance and movement together. Each week will begin with a fun song and dance warm up where they will be introduced to Ballet basics. This class includes dance, yoga, rhythm, music, singing and basic tumbling. Age: 2-3

Sat • 10:30-11:15am
AC2.573 • 5/12 - 6/2 • \$50/\$55NR
AC2.574 • 7/14 - 7/28 • \$38/\$43NR
AC2.575 • 8/11 - 9/1 • \$50/\$55NR

Hip Hop Mini's

This class is designed for the kids who just love to move and groove! This class combines Jazz and Hip Hop in a fun and age appropriate way! We learn the basic techniques of both genres, and create exciting and energetic dances. Age: 4-6

Sat • 9:30-10:15am
AC2.576 • 5/12 - 6/2 • \$50/\$50NR
AC2.577 • 7/14 - 7/28 • \$38/\$43NR
AC2.578 • 8/11 - 9/1 • \$50/\$50NR

Creative Movement

This class promotes creativity, dreams and pretend. Whether dancers are galloping like a horse across the floor, flying like fairies in a circle or playing freeze dance to end class, they are learning, creating, and building confidence. This class includes Ballet, basic tumbling skills, yoga, creative movement and imagination. Dancers will move with scarves, wands and ribbons. They will make music with tambourines, maracas and rhythm sticks, and dream with their whole heart. Our purpose is to create a class that is fun, where each child feels excited, accepted and inspired. Age: 3-4

Sat • 9:30-10:15am
AC2.655 • 5/12 - 6/2 • \$50/\$55NR
AC2.656 • 7/14 - 7/28 • \$38/\$43NR
AC2.657 • 8/11 - 9/1 • \$50/\$55NR

Ballet & Tap

This class is for the dancer who loves to move! Class begins with Ballet each week; stretching, warm ups, practice at the Barre. This class changes shoes half way through! Time to tap! Tap is a great way to learn rhythm and coordination! Each week the students will learn new Ballet and Tap fundamentals, all the while having fun being creative and imaginative. The Ballet & Tap combo gives the students the ability to try two styles within one class, so that they may experience both the classics of Ballet and the fun of tap! Age: 4-6

Sat • 10:30-11:25am
AC2.579 • 5/12 - 6/2 • \$55/\$55NR
AC2.580 • 7/14 - 7/28 • \$42/\$47NR
AC2.581 • 8/11 - 9/1 • \$55/\$55NR

Ballet Level 1

Our Ballet program follows the RAD (Royal Academy of Dance) Curriculum of teaching. Ballet has a long history of producing beautiful and strong dancers that exude poise and grace. We strive for excellence in technique, proper terminology, and teaching the importance of confidence while dancing. Everyone should get a chance to take Ballet, to learn new skills, meet new friends and ignite self worth. Age: 6-9

Fri • 5:30-6:30pm
AC2.582 • 5/11 - 6/1 • \$55/\$60NR
AC2.583 • 7/13 - 7/27 • \$42/\$47NR
AC2.584 • 8/10 - 8/31 • \$55/\$60NR

Hip Hop

With clean, upbeat music we inspire our dancers to move to the rhythm. Our Hip Hop/Jazz classes fill dancers with energy and excitement. While focusing on both Hip Hop and Jazz techniques from classic styles to new modern aspects. Age: 6-8

Fri • 5:30 -6:30pm
AC2.585 • 5/11 - 6/1 • \$55/\$60NR
AC2.586 • 7/13 - 7/27 • \$42/\$47NR
AC2.587 • 8/10 - 8/31 • \$55/\$60NR

What to Wear

Ballet, Creative Movement, Dance Discovery, and Ballet & Tap:

- Any color leotard, pink tights, ballet shoes (Tap shoes for Ballet & Tap)

Hip Hop & Hip Hop Mini's:

- Any color leotard and black on the bottom (leggings, pants, capris, or shorts)
Bare feet or tan jazz shoes

All classes must have their hair up in a ponytail, braid or bun

* Dress Code items available for purchase at Expressions Academy of Dance

If you have any questions regarding Expressions Academy of Dance classes or dress code, give the office a call, and we will be happy to assist you. (916) 543-0299.



Also offering Fairytale Adventure Camp

See page 8 for details

Gymnastics

These classes are for children ages 18 months to 10 years of age. Instructor Angie Floyd creates a fun program for girls and boys that teaches basic gymnastics skills in a positive learning environment. Each class includes activities that are geared toward improving gross motor skills, hand-eye coordination, and developing self-esteem in children. Sibling and family discounts are available.

Location: Community Center

No class dates: 5/27, 6/5

Little Dippers

Parents assist their children in a wide range of fun activities designed to benefit toddlers physically, mentally, and socially.
Age: 1.5-3

Tues • 10-10:45am

AC2.411 • 4/10 - 5/15 • \$54/\$59NR
AC2.605 • 5/22 - 6/26 • \$45/\$50NR
AC2.606 • 7/10 - 8/14 • \$54/\$59NR

Wed • 10-10:45am

AC2.414 • 4/11 - 5/16 • \$54/\$59NR
AC2.607 • 5/23 - 6/27 • \$54/\$59NR
AC2.608 • 7/11 - 8/15 • \$54/\$59NR

Fri • 9-9:45am

AC2.417 • 4/13 - 5/18 • \$54/\$59NR
AC2.609 • 5/25 - 6/29 • \$54/\$59NR
AC2.610 • 7/13 - 8/17 • \$54/\$59NR

Sat • 9:35-10:20am

AC2.420 • 4/14 - 5/12 • \$45/\$50NR
AC2.611 • 6/2 - 6/30 • \$45/\$50NR
AC2.612 • 7/14 - 8/18 • \$54/\$59NR

Big Dippers

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.
Age: 3

Tues • 11-11:45am

AC2.423 • 4/10 - 5/15 • \$54/\$59NR
AC2.613 • 5/22 - 6/26 • \$45/\$50NR
AC2.614 • 7/10 - 8/14 • \$54/\$59NR

Wed • 9-9:45am

AC2.426 • 4/11 - 5/16 • \$54/\$59NR
AC2.615 • 5/23 - 6/27 • \$54/\$59NR
AC2.616 • 7/11 - 8/15 • \$54/\$59NR

Fri • 11-11:45am

AC2.429 • 4/13 - 5/18 • \$54/\$59NR
AC2.617 • 5/25 - 6/29 • \$54/\$59NR
AC2.618 • 7/13 - 8/17 • \$54/\$59NR

Comets

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.
Age: 3-4

Tues • 3:15-4pm

AC2.619 • 4/17 - 5/15 • \$45/\$50NR
AC2.620 • 5/22 - 6/26 • \$45/\$50NR
AC2.621 • 7/10 - 8/14 • \$54/\$59NR

Wed • 11-11:45am

AC2.432 • 4/11 - 5/16 • \$54/\$59NR
AC2.622 • 5/23 - 6/27 • \$54/\$59NR
AC2.623 • 7/11 - 8/15 • \$54/\$59NR

Sat • 10:30-11:15am

AC2.438 • 4/14 - 5/12 • \$45/\$50NR
AC2.624 • 6/2 - 6/30 • \$45/\$50NR
AC2.625 • 7/14 - 8/18 • \$54/\$59NR

Shooting Stars

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.
Age: 4-5

Tues • 9-9:45am

AC2.441 • 4/10 - 5/15 • \$54/\$59NR
AC2.626 • 5/22 - 6/26 • \$45/\$50NR
AC2.627 • 7/10 - 8/14 • \$54/\$59NR

Thurs • 4:30-5:15pm

AC2.628 • 4/12 - 5/17 • \$54/\$59NR
AC2.629 • 5/24 - 6/28 • \$54/\$59NR
AC2.630 • 7/12 - 8/16 • \$54/\$59NR

Fri • 10-10:45am

AC2.447 • 4/13 - 5/18 • \$54/\$59NR
AC2.631 • 5/25 - 6/29 • \$54/\$59NR
AC2.632 • 7/13 - 8/17 • \$54/\$59NR

Sat • 8:45-9:30am

AC2.450 • 4/14 - 5/12 • \$45/\$50NR
AC2.633 • 6/2 - 6/30 • \$45/\$50NR
AC2.634 • 7/14 - 8/18 • \$54/\$59NR

Galaxies

This transitional class focuses on learning fundamental gymnastics skills and developing strength and flexibility.
Age: 5-6

Thurs • 5:25-6:10pm

AC2.453 • 4/12 - 5/17 • \$54/\$59NR
AC2.635 • 5/24 - 6/28 • \$54/\$59NR
AC2.636 • 7/12 - 8/16 • \$54/\$59NR

Fri • 3:30-4:15pm

AC2.456 • 4/13 - 5/18 • \$54/\$59NR
AC2.637 • 5/25 - 6/29 • \$54/\$59NR
AC2.638 • 7/13 - 8/17 • \$54/\$59NR

Beginning Gymnastics

Children learn basic gymnastics skills and progressions that promote strength, flexibility, and cardiovascular fitness.
Age: 6-10

Tues • 5:10-6:10pm

AC2.462 • 4/17 - 5/15 • \$50/\$55NR
AC2.641 • 5/22 - 6/26 • \$50/\$55NR
AC2.642 • 7/10 - 8/14 • \$60/\$65NR

Thurs • 3:30-4:30pm

AC2.459 • 4/12 - 5/17 • \$60/\$65NR
AC2.639 • 5/24 - 6/28 • \$60/\$65NR
AC2.640 • 7/12 - 8/16 • \$60/\$65NR

Fri • 5:30-6:30pm

AC2.475 • 4/13 - 5/18 • \$60/\$65NR
AC2.463 • 5/25 - 6/29 • \$60/\$65NR
AC2.464 • 7/13 - 8/17 • \$60/\$65NR

Intermediate Gymnastics

Allows children to take skills learned in Beginning Gymnastics to a more challenging level. Participation requires instructor approval.
Age: 7-10

Tues • 4-5pm

AC2.478 • 4/17 - 5/15 • \$50/\$55NR
AC2.645 • 5/22 - 6/26 • \$50/\$55NR
AC2.646 • 7/10 - 8/14 • \$60/\$65NR

Fri • 4:15-5:15pm

AC2.492 • 4/13 - 5/18 • \$60/\$65NR
AC2.647 • 5/25 - 6/29 • \$60/\$65NR
AC2.648 • 7/13 - 8/17 • \$60/\$65NR





TINKERPLAY: PARKS EDITION

explore • create • play

Tinkerplay is heading out on the road! For the next session Tinkerplay will be meeting at a different park each week where participants will get to embark on an outdoor adventure of a lifetime! Tinkerplay is a parent participation class that allows families to connect during a play-based kids class that helps develop core life skills, all while having fun! Each session will include a tour, games, crafts or science experiments and story time all based around fun themes!

Ages: 2 - 4
Mondays • 10:00am - 11:00am

Parks Edition:

AC2.654 • 4/16 - 5/7
Fee: \$50/\$55NR

April 16 - Markham Park
April 23 - Foskett Park
April 30 - Wilson Park
May 7 - Nathan Dubin Park

Tiny Tot Fitness

This toddler based program introduces exercise through fun and physical sports play. Activities are designed to get your little ones engaged in non-competitive interactive games and sports which emphasize flexibility, confidence, and emotional well-being to build strong bodies and minds. *Parent Participation is required.*

Ages: 2.5 - 4
Location: Lincoln Community Center
Instructor: Coach Dani
Thurs • 9 - 9:45am

AC2.588 • 5/10 - 5/31 • \$40/\$45NR



coming this fall...

TINKERPLAY: PARK TRAIL EDITION

Come discover all that our City of Lincoln park trails have to offer. We will be using pieces of nature to create masterpieces all while learning through play. Let your toddler develop core life skills while enjoying healthy, fun, engaging experiences in the comfort of our open green spaces and beautiful trails.



Active Tots

Come out to the field and have fun learning the basics of T-Ball and the value of sportsmanship. We will practice hitting, catching, throwing and running the bases. Fun drills and scrimmages will be played. All equipment is provided, so come on out and play. *Parent participation required.*

Location: McBean Memorial Park
Instructor: Coach Dani
Day: Saturday
Fee: \$50/\$55NR

T-Ball 1

Just the basics in this class. Your little one will learn how to hit, catch, throw and run the bases.

Age: 3.5-4.5

AC2.562 • 5/12 - 6/2 • 8-8:45am
AC2.563 • 6/16 - 7/7 • 8-8:45am
AC2.564 • 7/21 - 8/11 • 8-8:45am

T-Ball 2

If your little one is just a beginner, or is working on their T-Ball skills, this is the class for them. We will focus on basic fundamentals and incorporate some more advanced skills.

Age: 4-5

AC2.565 • 5/12 - 6/2 • 9-9:45am
AC2.566 • 6/16 - 7/7 • 9-9:45am
AC2.567 • 7/21 - 8/11 • 9-9:45am

Chess

Come and play one of the oldest and most sophisticated board games in the world! Chess is the universal game of skill, strategy, and combat, and is enjoyed by beginners and masters alike throughout the world. Chess has been shown to increase reading ability, IQ, creativity, memory, problem solving skills and concentration.

Location: Twelve Bridges Library, Willow Room

No Class, 6/14, 7/12, 8/9



Beginner Youth Chess

This course is specifically designed for youth who would like to learn to play chess, but have limited or no experience with the game. The course will teach basic rules and game-play along with common basic strategies appropriate for beginner level players. **All participants will be provided with a chess board for them to keep that is included in the cost of the course.**

Ages 5-9

Fee: \$65/\$70NR

AC2.506 • 5/17 - 6/21 • Thurs • 5-6pm

AC2.507 • 6/28 - 8/16 • Thurs • 5-6pm

Intermediate Youth Chess

This course is specifically designed for continuing students of chess who have either taken the beginner youth chess course or have received similar training elsewhere. The course is open to all youth who have previously played chess and wish to continue to develop their skills through instruction and practice. The course will focus on progressively challenging concepts commensurate with the overall skill level of the class. Participants will engage in weekly games to practice concepts taught in class. Ages 8-17

Fee: \$50/\$55NR

AC2.508 • 5/17 - 6/21 • Thurs • 6:15-7:15pm

AC2.509 • 6/28 - 8/16 • Thurs • 6:15-7:15pm

Placer County's Choice for Family Affordable Fun All Summer Long!

May/June

| SUN | MON | TUE | WED | THU | FRI | SAT |
|------------------|-----------|-----------|-----------|-----------|---------------------|-------------|
| 27 FREE FAN FEST | 28 OFF | 29 ROGUES | 30 ROGUES | 31 ROGUES | 1 SEALS HOME OPENER | 2 SEALS |
| 3 SEALS | 4 GEMS | 5 GEMS | 6 GEMS | 7 OFF | 8 HEAT | 9 HEAT |
| 10 HEAT | 11 OFF | 12 SEALS | 13 SEALS | 14 OFF | 15 GOLD SOX | 16 GOLD SOX |
| 17 GOLD SOX | 18 OFF | 19 HEAT | 20 HEAT | 21 HEAT | 22 GEMS | 23 GEMS |
| 24 GEMS | 25 ROGUES | 26 ROGUES | 27 ROGUES | 28 OFF | 29 GOLD SOX | 30 GOLD SOX |

July

| SUN | MON | TUE | WED | THU | FRI | SAT |
|------------|------------------|-------------|--------------------|-------------|-----------|-------------|
| 1 GOLD SOX | 2 OFF | 3 HEAT | 4 HEAT | 5 HEAT | 6 SEALS | 7 SEALS X 2 |
| 8 SEALS | 9 OFF | 10 GEMS | 11 GEMS | 12 GEMS | 13 ROGUES | 14 ROGUES |
| 15 ROGUES | 16 GOLD SOX | 17 GOLD SOX | 18 GOLD SOX | 19 GEMS | 20 GEMS | 21 GEMS |
| 22 OFF | 23 ALL STAR GAME | 24 GOLD SOX | 25 GOLD SOX | 26 GOLD SOX | 27 SEALS | 28 SEALS |
| 29 SEALS | 30 ROGUES | 31 ROGUES | lincolnpotters.com | | | |

August

| SUN | MON | TUE | WED | THU | FRI | SAT |
|------------|------------|-------------|-------------|-------|------------|------------|
| 1 OFF | 2 PLAYOFFS | 3 PLAYOFFS | 4 PLAYOFFS | 5 OFF | 6 PLAYOFFS | 7 PLAYOFFS |
| 8 PLAYOFFS | 9 OFF | 10 PLAYOFFS | 11 PLAYOFFS | | | |

Game Times

| MON-SAT | SUN | JULY 4 th |
|---------|--------|----------------------|
| 6:35PM | 6:05PM | 6:05PM |

League Teams:

- Chico Heat
- Klamath Falls Gems
- Medford Rogues
- San Francisco Seals
- Yuba-Sutter Gold Sox

Call for Tickets: 916-209-3444

@LincolnPotters

Home Games Played at Historic McBean Stadium in Downtown Lincoln

916-209-3444 + WWW.LINCOLNPOTTERS.COM

Good Sport U

Location: Twelve Bridges Elem
Instructor: Rick Bauer



Hoop Improvement For Kids

Hoop Improvement For Kids is designed for players who are beginner to intermediate and want to learn about basketball in a non-competitive setting. Each class will feature easy to learn instruction along with creative games that will develop their skills, knowledge and love of the game. Coach Rick Bauer is the owner and coach of Good Sport U. Some parental play is requested in this program. Hustle over to www.GoodSportU.com for more information.

Day: Wed
Fee: \$50/\$55NR

Ages: 4-6
AC2.549 • 5/9 - 5/30 • 5:30-6:25pm

Ages: 7-9
AC2.550 • 5/9 - 5/30 • 6:30-7:25pm

**We also offer a Hoop Improvement
Summer Skills Camp**
See page 9 for details



Game Time For Girls

Game Time For Girls is a Hoop Improvement class designed for girls in grade 3-6 who are excited to improve their basketball skill set and be game ready whether they play for fun, at recess or in a basketball league. Coach Rick Bauer will help develop your daughter's skills, confidence, knowledge and love of the game. This class features plenty of Game Time action. Hustle over to www.GoodSportU.com for more information.

Day: Mon
Fee: \$50/\$55NR

Ages: 8-12
AC2.551 • 5/7 - 6/4 • 5:30-6:25pm
No Class, 5/28

Game Time For Middle Schoolers

Stay sharp and continue to improve your skills in this Good Sport U class designed for the player who wants to advance their basketball ability and be totally GAME READY! Each day will feature instruction in ball handling, shooting, offense/defense and plenty of fun Game Time action. This class is for girls and boys in grades 6-8. Hustle over to www.GoodSportU.com for more information.

Day: Mon
Fee: \$50/\$55NR

Ages: 11-13
AC2.552 • 5/7 - 6/4 • 6:30-7:25pm
No Class, 5/28



PICKLEBALL

PICKLEBALL OPEN PLAY

Come and play pickleball, a paddle sport for all ages and skill levels. Combines elements of tennis, badminton and ping pong. Played on a badminton sized court with a low net. Easy to learn, bring your friends and family. Paddles, balls and instruction will be provided.

Every 1st and 3rd Saturday*

**weather permitting*

Age: All Ages
Fee: FREE
Time: 9am - 12pm
Location: McBean Park
Basketball courts

LEARN TO PLAY PICKLEBALL

Learn to play pickleball, a paddle sport for all ages. Combines elements of tennis, badminton and ping pong. Played on a badminton sized court with a low net. Easy to learn, bring your friends and family. Paddles, balls and instruction will be provided.

Age: All Ages
Fee: FREE
Friday • 6/22, 6/29
Time: 5:30 - 7:30pm
Location: Lincoln Community Center

CLASSES AT SKATETOWN ICE ARENA



Beginner Ice Hockey

Come learn the exciting and rapidly growing sport of Ice Hockey! This 4-week introductory class is designed to teach basic hockey skills and get kids hooked on hockey. Includes free hockey jersey, use of skates, helmet, gloves, and stick and one 75 minute class each week. Makeup classes are not available.

Please arrive by 11:45am

Ages: 6-12
Sun • 12:30-1:45pm • \$80
Location: Skatetown, 1009 Orlando Ave, Roseville

AC2.514 • 4/8 - 4/29
AC2.515 • 5/6 - 5/27
AC2.516 • 6/3 - 6/24
AC2.517 • 7/8 - 7/29
AC2.518 • 8/5 - 8/26

Beginner Ice Skating

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one foot glides, a two foot spin and more. Includes 4 free skate rental passes. Makeup classes are not available.

***Please arrive 45 minutes prior to class time on the first day**

**No Class 7/4, makeup class will be held Tues, July 3rd, 5:45-6:15pm*

Age: 6-12
Wed • 5:45-6:15pm • \$75
Location: Skatetown, 1009 Orlando Ave, Roseville

AC2.328 • 4/25 - 5/16
AC2.510 • 5/23 - 6/13
AC2.511 • 6/20 - 7/11
AC2.512 • 7/25 - 8/15
AC2.513 • 8/22 - 9/12



Kuk Sool Won

Location: Community Center
Instructor: John Santilena



Turtle Tots

Ages: 3.5-5
Fee: \$65/\$70NR

Introduce your child to the high energy environment of Martial Arts in this class for boys and girls. Turtle Tots is designed to help improve a child's balance, flexibility, coordination, self-confidence, respect and self-discipline.

Turtle Tots 1

AC2.334 • 4/3 - 5/8 • Tues • 6:30-7pm
AC2.526 • 5/15 - 6/19 • Tues • 6:30-7pm
AC2.527 • 7/10 - 8/14 • Tues • 6:30-7pm
AC2.528 • 8/21 - 9/25 • Tues • 6:30-7pm

Turtle Tots 2

AC2.337 • 4/5 - 5/10 • Thurs • 6:30-7pm
AC2.529 • 5/17 - 6/21 • Thurs • 6:30-7pm
AC2.530 • 7/12 - 8/16 • Thurs • 6:30-7pm
AC2.531 • 8/23 - 9/27 • Thurs • 6:30-7pm

Dragons

Ages: 5-6
Fee: \$80/\$85NR

Beyond Turtle Tots but not ready for the Junior Martial Arts Program, Dragons is for children 5-6 years of age who have attended several Tots sessions but still may not be ready for Juniors. Dragons is designed for fun and to help improve your child's balance, flexibility, coordination, self-confidence, respect, and self-discipline. Sessions will also stress following instructions and working with others in a team setting. Uniforms are optional.

AC2.340 • 4/4 - 5/9 • Wed • 5:15-6pm
AC2.532 • 5/16 - 6/20 • Wed • 5:15-6pm
AC2.533 • 7/11 - 8/15 • Wed • 5:15-6pm
AC2.534 • 8/22 - 9/26 • Wed • 5:15-6pm

Juniors 1 & 2

Ages: 6-12
Fee: \$100/\$105NR
Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea, Kuk Sool Won.

Junior 1

AC2.343 • 4/2 - 5/9 • Mon/Wed • 6-7pm
AC2.535 • 5/14 - 6/20 • Mon/Wed • 6-7pm
AC2.536 • 7/9 - 8/15 • Mon/Wed • 6-7pm
AC2.537 • 8/20 - 9/26 • Mon/Wed • 6-7pm

Junior 2

AC2.346 • 4/3 - 5/10 • Tues/Thurs • 7-8pm
AC2.538 • 5/15 - 6/21 • Tues/Thurs • 7-8pm
AC2.539 • 7/10 - 8/16 • Tues/Thurs • 7-8pm
AC2.540 • 8/21 - 9/27 • Tues/Thurs • 7-8pm

Advanced Black Belt

Ages: 10+
Fee: \$100/\$105NR

This class is for students who have tested for Black Belt for at least one year. This class requires instructor approval, online registration is not available for this class.

AC2.349 • 4/2 - 5/7 • Mon • 5-6pm
AC2.541 • 5/14 - 6/18 • Mon • 5-6pm
AC2.542 • 7/9 - 8/13 • Mon • 5-6pm
AC2.543 • 8/20 - 9/24 • Mon • 5-6pm

Material Fee: Payable to instructor at the first class (includes uniform, belt, curriculum description, CD of the first Form, and a Lincoln Kuk Sool Won t-shirt). Turtle Tots - N/A, Dragons - \$80 (optional), Juniors - \$80, Adults - \$100

Family Discounts: 1-full price, 2-full price, 3-half price, 4 & on-FREE

Tennis

Location: Jimenez Park, Tennis Courts
Instructor: Peter Haddow

Tiny Tots

Age: 5-7
Fee: \$35/\$40NR

A program for boys and girls (ages 5-7) aimed at developing tennis skills and sportsmanship with an emphasis on fun and games.

AC2.396 • 4/5 - 4/26 • Thurs • 3:30-4pm
AC2.590 • 5/3 - 5/24 • Thurs • 3:30-4pm
AC2.591 • 7/5 - 7/26 • Thurs • 9-9:30am
AC2.592 • 8/2 - 8/23 • Thurs • 3:30-4pm

Pre-Academy I

Age: 8-12
Fee: \$55/\$60NR

A weekly class for pre-teen boys and girls geared towards building solid fundamental tennis skills in a fun environment.

AC2.399 • 4/6 - 4/26 • Thurs • 4-5pm
AC2.593 • 5/3 - 5/24 • Thurs • 4-5pm
AC2.594 • 7/5 - 7/26 • Thurs • 9:30-10:30am
AC2.595 • 8/2 - 8/23 • Thurs • 4-5pm

Pre-Academy II

Age: 12-16
A weekly tennis class for boys and girls ages 12 and older. Students will learn proper technique and participate in targeted drills designed to improve consistency and shot making.

AC2.402 • 4/6 - 4/26 • Thurs • 5-6pm
AC2.596 • 5/3 - 5/24 • Thurs • 5-6pm
AC2.597 • 7/5 - 7/26 • Thurs • 10:30-11:30am
AC2.598 • 8/2 - 8/23 • Thurs • 5-6pm



**We also offer
Adult Kuk Sool Won and Tennis Classes!**

See page 18 for details

YOUTH OPEN GYM COMMUNITY CENTER 2010 FIRST STREET

BASKETBALL
TUESDAY & THURSDAY
JUNE 19 - AUGUST 2

SUMMER PASS • AC2. 653 • FEE \$40/\$45NR
DAILY DROP-IN RATE: \$5
DROP-IN REQUIRES PARENT/GUARDIAN WALK-IN REGISTRATION

AGES: 10+
TIME: 3 - 5PM



Lincoln Recreation



@lincolnparksrec
@lysports



@lysports2015



916.434.3220



Lincoln Youth Sports FALL LEAGUES

Lincoln Youth Flag Football League "Friday Nights, Under the Lights"

Lincoln Recreation is excited for another season of Lincoln Youth Flag Football for all boys and girls in the 1st - 8th grades. Lincoln Youth Flag Football is a non-contact, 5 on 5 league with practices twice a week. The Fall Season will feature a player combine followed by a player draft for 3rd - 8th grade divisions. 1st and 2nd grade teams will be randomly assigned. Come out and join us for this exciting new flag football experience. Games will be scheduled for Friday nights at Foskett Regional Park.

Registration Deadlines & Fees

Early: 5/21 - 6/30 • \$100
Regular: 7/1 - 8/12 • \$110
Late: 8/13 - 8/17 • \$120

\$10 sibling discount

**We also offer
Summer Sports Camps**
See page 9 for details

Flag Football Player Combine

Saturday • 8/18

Location: Foskett Soccer Field #4

3rd & 4th Grade • 10am

5th & 6th Grade • 11:45am

7th & 8th Grade • 1:15pm

Please arrive 15 minutes early for check-in



GIVE A LITTLE, GET A LOT!

Be a youth sports coach today.

Flag Football coaches needed

**10 Week Commitment...
A Lifetime of Impact!**

TRACK AND FIELD CLUB



Come out and join us for this exciting new program. We have partnered with the Lincoln High School Track & Field program to offer an introduction to Track & Field. Participants will learn a variety of different events and receive instruction on proper fundamentals and form. Grades: 3rd-8th

Location: Lincoln High School Track

Session I

Registration Deadline: 6/8

Dates: 6/12 - 7/11

Fee: \$60

Day: Tues and Wed

Time: 5 - 7pm

Session II

Registration Deadline: 7/13

Dates: 7/17 - 8/8

Fee: \$60

Day: Tues and Wed

Time: 10am - 12pm



FOR MORE INFORMATION OR TO REGISTER, GO TO WWW.LINCOLNYOUTHSports.COM

ADULT LEAGUES

17

SUMMER 2018**REGISTRATION DATES**

EARLY: 4/2 - 4/15 REGULAR: 4/16 - 5/20 LATE: 5/21 - 5/30

FALL 2018**REGISTRATION DATES**

EARLY: 7/9 - 7/22 REGULAR: 7/23 - 8/19 LATE: 8/20 - 8/26



| League/ Division | Start Date Summer | Start Date Fall | Day | Early Team Fee | Regular Team Fee | Late Team Fee |
|---------------------|----------------------|--------------------|-------|-------------------|---------------------|------------------|
| Co-ed | 6/12 | 9/4 | Tues | \$450 | \$475 | \$500 |
| Men's | 6/14 | 9/6 | Thurs | \$450 | \$475 | \$500 |
| Women's | 6/11 | 9/10 | Mon | \$450 | \$475 | \$500 |

FREE AGENT LIST

New to Lincoln or just can't put a whole team together? Join our Free Agent program. We accept individual registration on an on-going basis for all of our adult sports leagues and form teams when there is enough interest to do so. If there are not enough free agents to form a team, the Free Agent List with your name and contact information will be distributed to all team captains prior to the start of the season. Free agent registration is only taken online at www.lincolnrecsports.com

LEAGUE INFORMATION

Team registration can be processed online at www.lincolnrecsports.com
or at the Lincoln Community Center,
2010 First Street.

League fees must be paid in full by the late registration deadline date.



| League/ Division | Start Date Summer | Start Date Fall | Day | Early Team Fee | Regular Team Fee | Late Team Fee |
|---------------------|----------------------|--------------------|-----|-------------------|---------------------|------------------|
| Co-ed | 6/10 | 9/9 | Sun | \$300 | \$325 | \$350 |

OPEN GYM
WEDNESDAYS @ 8PM

\$5.00 PER PLAYER
AGES: 18+
LOCATION: COMMUNITY CENTER





Adult Kuk Sool Won

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. With instructor John Santilena you will develop strength, quickness, balance, timing, flexibility, and coordination while improving your concentration, self-discipline and self-control. If you feel you are up for the challenges developed by the Korean Masters, here is your opportunity.

Age: 13+

Mon/Wed • 7-8pm

Fee: \$100/\$105NR

Location: Lincoln Community Center

AC2.352 • 4/2 - 5/9

AC2.544 • 5/14 - 6/20

AC2.545 • 7/9 - 8/15

AC2.546 • 8/20 - 9/26



Practical Self Defense For Women

The Lincoln Recreation Department, in cooperation with Lincoln Kuk Sool Won will be offering a 1 hour per week class specifically for Women. This class will combine the aspects of the class formally known as Practical Self Defense for Women with the curriculum currently taught in the Kuk Sool Won program. The difference is, NO MEN ALLOWED. Would you feel more comfortable with the ability to use simple items such as magazines, keys, and umbrellas as a means to protect yourself? Are you interested in boosting your confidence in situations where you presently find yourself uncomfortable? This class will provide you with some general tips on how to avoid and handle dangerous situations outside the home. You will discuss and practice some common-sense ideas on what to look for, how to avoid a situation and some basic ideas of how to react should defense become necessary. This session will also allow for those individuals who might be interested in the more in-depth training taught as part of the Kuk Sool Won Curriculum. No uniforms are necessary, just wear something comfortable, however if you wish to work towards advanced rank within Kuk Sool Won, a uniform can be purchased.

Age: 15+

Friday • 7-8pm

Fee: \$80/\$85NR

Location: Lincoln Community Center

AC2.554 • 4/6 - 5/11

AC2.555 • 5/18 - 6/22

AC2.556 • 7/13 - 8/17

AC2.557 • 8/24 - 9/28



Adult Intermediate Tennis

A tennis course for adults who play regularly and have a NTRP rating of 3.0 or higher. Groundstrokes, Serves, Volleys will be reviewed in addition to tactics, proper footwork and effective use of spin. The emphasis will be on drills and doubles play.

*Registration for this class requires instructor approval. Please contact the Recreation Department for enrollment (916) 434-3220.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Instructor: Peter Haddow

AC2.408 • 4/5 - 4/26 • Thurs • 6-7pm

AC2.601 • 5/3 - 5/24 • Thurs • 6-7pm

AC2.602 • 8/2 - 8/23 • Thurs • 6-7pm

Adult Beginner Tennis

A course for adults who would like to learn to play tennis, the sport of a lifetime. Forehands, backhands, serves, volleys and specialty shots will be covered in addition to the rules of the game and proper tennis etiquette.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Instructor: Peter Haddow

AC2.405 • 4/5 - 4/26 • Thurs • 7-8pm

AC2.599 • 5/3 - 5/24 • Thurs • 7-8pm

AC2.600 • 8/2 - 8/23 • Thurs • 7-8pm



Adult Tennis Socials

Join us for monthly Tennis Socials. For opportunities to meet and play tennis with others in our community. The agenda is a fun-hearted morning of luck-of-the-draw round robin matches on all four courts. Prizes will be awarded to the top three winners. The socials are held on the 2nd Saturday of each month. *Please bring your own chairs and arrive 15 minutes early to register.*

Age: 18+

Fee: FREE

Saturday • 4/14, 5/12, 6/9, 7/14, 8/11

9am - 12pm

Location: Jimenez Park, Tennis Courts

* weather permitting

Pickleball Open Play

Come and play pickleball, a paddle sport for all ages and skill levels. Combines elements of tennis, badminton and ping pong. Played on a badminton sized court with a low net. Easy to learn, bring your friends and family. Paddles, balls and instruction will be provided.

Every 1st and 3rd Saturday

Age: All Ages

Fee: FREE

Time: 9am - 12pm

Location: McBean Park, basketball courts

* weather permitting

Lincoln Senior Activity Club

All seniors are welcome to attend this series of activities with other Lincoln Seniors from the community. Classes are weekly, every other Monday. Activities will include, games, informational lectures, memory exercises, social parties and much, much more.

The last day of the series will be a Life Long Learning Lecture. The Life Long Learning panel will include various health care professionals from the local community. Don't miss this opportunity to get to know other seniors like you.

This class is free. We ask that you pre register for this class.

Age: 55+

Fee: FREE

Location: Twelve Bridges Library, Fir Room

Instructor: Green Valley Hospice

Day: Mon

AC2.603 • 5/7, 5/21, 6/4, 6/18 • 1-2:30pm

AC2.604 • 7/2, 7/16, 7/30, 8/13 • 1-2:30pm



**Green Valley
Hospice**





MCBEAN PAVILION

65 McBean Park Drive

Ideal for wedding receptions, parties and special events, this 6,700 square foot facility has a large reception hall, full kitchen, small stage, bar area and ample parking. The reception hall is large enough to comfortably seat approximately 400 guests.

All rental fees includes tables and chairs as well as setup and cleanup of the facility.



CIVIC AUDITORIUM

511 Fifth Street

This beautifully renovated 2,500 square foot building is perfect for meetings, performances or small gatherings. The building features a large stage area, kitchenette space, and inviting foyer. The reception hall is large enough to comfortably seat approximately 150 guests.

All rental fees include chairs.

Tables not included.

**additional cleaning fees apply*



MCBEAN PAVILION BBQ AREA

65 McBean Park Drive

Located next to McBean Pavilion, the BBQ Area features a wooden shade structure great for an outdoor event. Tables and chairs are available for use and a full kitchen is available for rent as well.

All rental fees includes tables and chairs as well as setup and cleanup of the facility.



MCBEAN PARK GAZEBO

65 McBean Park Drive

Located in McBean Park, the Gazebo is perfect for a small outdoor gathering.



BEERMANN PLAZA

640 5th Street

Beermann Plaza is an outdoor location on 5th Street and F Street. The Plaza has a beautiful fountain and makes a great setting for a small event.



TWELVE BRIDGES LIBRARY

485 Twelve Bridges Drive

The Lincoln Public Library @ Twelve Bridges has a variety of rooms and facilities for rent.

Check out www.libraryatlincoln.org for Library Forms and room use information. For further details, contact Renae Hart at (916) 434-2410 or (916) 434-2409.



FACILITIES & SCHOOLS

Virginiatown Rd

McBean Park Drive / Hwy 193

To Newcastle

Sierra College Blvd

Stoneridge Blvd

Twelve Bridges

Twelve Bridges Dr

Eastridge Old Kenmare Rd

Map © 2018 City of Lincoln and Blue Cat Studio, Inc.

PARKS

| | | | | | | | | | |
|----|-----------------------------|---|---|---|---|---|---|---|----|
| 1 | Aitken Park | | | | | | | . | C6 |
| 2 | Auburn Ravine Park | | | | | . | | | E5 |
| 3 | Brown Park | | | | | | . | . | B2 |
| 4 | Coyote Pond Park | | | | | | . | . | H9 |
| 5 | Foskett Regional Park . . . | . | . | | | . | . | . | C2 |
| 6 | Joiner Park | . | . | | | | . | . | D4 |
| 7 | Machado Park | | | | | | . | . | C5 |
| 8 | Markham Park | | | | | | . | . | C3 |
| 9 | McBean Park | . | . | . | . | . | . | . | E4 |
| 10 | Nathan Dubin Park | | . | . | . | | . | . | C7 |
| 11 | Palo Verde Park | | | | | | . | . | G3 |
| 12 | Pete Demas Park | | | | | | | | D7 |
| 13 | Peter Singer Park | . | . | | | | . | . | D6 |
| 14 | Robert Jimenez Park . . . | . | | . | | | . | | D6 |
| 15 | Scheiber Park | | | | | | . | . | C4 |
| 16 | Sheffield Park | | | | | | . | . | E6 |
| 17 | Twelve Bridges Park | . | . | | | | . | . | G9 |
| 18 | Wilson Park | . | | | | | . | . | E9 |

SCHOOLS

| | | |
|----|--|----|
| 19 | Carlin C. Coppin Elementary | F3 |
| 20 | Creekside Oaks Elementary | C5 |
| 21 | First Street Elementary | D5 |
| 22 | Foskett Ranch Elementary | C2 |
| 23 | Glen Edwards Middle School | D4 |
| 24 | Lincoln Crossing Elementary | D6 |
| 25 | Lincoln High School | E4 |
| 26 | Twelve Bridges Elementary | G9 |
| 27 | Twelve Bridges Middle School | E9 |

OTHER CITY FACILITIES

| | | |
|----|---|----------------|
| 28 | Beermann Plaza | E4 (inset A9) |
| 29 | City Hall / WPUUSD District Offices | E4 (inset A8) |
| 30 | Civic Auditorium | E4 (inset B9) |
| 31 | Corporation Yard | A2 |
| 32 | Fire Station #33 | F4 (inset C9) |
| 33 | Fire Station #34 | C5 |
| 34 | Fire Station #35 | F9 |
| 35 | Lincoln Community Center | C4 |
| 36 | Lincoln Regional Airport | A2 |
| 37 | McBean Park Pavilion | F4 (inset B10) |
| 38 | Police Department | E4 (inset A8) |
| 39 | Twelve Bridges Library | E9 |

485 Twelve Bridges Drive

(916) 434-2410 • 485 Twelve Bridges Drive

For current hours, programs, fundraisers, and happenings check the Library's website or Facebook page.

www.libraryatlincoln.org

www.facebook.com/libraryatlincoln

Remember, our digital branch is always open! Our e-books and online databases are available to you 24/7!

Mother Goose on the Loose

This fast-paced, fun activity for young children, their parents, or caregivers includes activities that help your little one to learn and grow. We play instruments, sing songs, repeat nursery rhymes, march, clap, listen to stories, and do lots of fun movements. Adults must accompany children at all times. Limited to first 100 participants.

Age: 0-4 years

5/3 - 8/30* • Thurs • 10:30am-11am OR 11:30am-12pm

Twelve Bridges Library - Homework Center

*except 5/14, 6/21, 7/19, 8/18

Family Storytime

Families are invited for a fun half hour of books, rhymes, and songs. We have special tips and techniques for building reading skills at home throughout the program.

Age: All ages welcome!

Wed • 5/2 - 8/30 • 3:30-4pm

Twelve Bridges Library - Kids Area

Adult Programs

The Library isn't just for kids. Come check out some of our new adult programs at the library, including a Mystery Book Club and a monthly Adult Coloring Night. The Library also offers an Adult Literacy program, helping to make a difference in the lives of adults with limited literacy.

For more info on any of our adult programs, please feel free to stop by the library or to check out our website.

Read to a Dog!

www.lendaheart.org

LAH therapy dogs and their handlers are coming to the Library! Practice your reading skills and make a new four-legged friend by reading a story to a dog. These are trained therapy dogs, so this is also a perfect opportunity to introduce shy young ones to dogs. Age: All ages welcome! Books are provided; sign ups begin at 2pm

Sat • 5/19, 6/16, 7/21, 8/18 • 3-4pm

Twelve Bridges Library - Kid's Area

Family Movie Night

FREE- Sponsored by Friends of the Lincoln Library

Join us for FREE family friendly movies - Check the Library website for exact titles! Doors open at 5:30pm, movie starts at 6pm. Limited to first 100 participants!

Sat • 5/19, 6/16, 7/21, 8/18 • 6pm

Twelve Bridges Library - Willow Room

Poetry Open Mic

The Friends of the Lincoln Public Library invite members of the community to share their love of poetry while enjoying refreshments. Contact Sue Clark at (916) 434-9226. For all ages.

Sun • 5/13, 6/10, 7/8, 8/12 • 3-5pm

Twelve Bridges Library - Willow Room

Homework Help for Students

Students needing help or just a quiet place to study can use the Homework Center. This program is run by volunteers who can assist students.

For grades: 1st - 8th

Mon/Tues/Wed • 5/1 - 5/30 • 2:45-4:45pm

Twelve Bridges Library - Homework Center

Friends of the Lincoln Library

The Friends of the Lincoln Library (FOLL) invite you to join them in helping the Twelve Bridges Library! The Friends support various programs and services, including our Read For The Record, Summer Reading Program, Mother Goose On The Loose, Read Across America, Homework Center, Family Movie Night, EBSCO research databases, and many others. To fund these programs the Friends hold quarterly book sales and manage a daily ongoing book sale inside the library. Your membership also helps to keep the Library open and programs running. Thank you, Friends!

Regular FOLL meetings: 2nd Tuesday of each month from 2-4pm at Twelve Bridges Library-Fir Room

Book Sale

Hundreds of fiction, non-fiction, bestsellers, paperbacks, and children's books will be available for purchase. Prices start at \$0.25 and all proceeds go to the Friends of the Lincoln Library sponsored programs.

Sat • 6/9 • 11-3pm

Twelve Bridges Library - Lobby & Willow Room

Online Learning: Research

Find the most accurate, up-to-date information using Explora at the Lincoln Public Library. This research database is simple to use, and provides information from reference books and magazines as well as relevant images and videos. Explora also provides topic overviews, for those looking to get started learning on a new subject.

Find this database, and many others, including research tools dealing with health, legal matters, small business help, learning different languages, and auto repair, under Online Learning on our website, www.LibraryAtLincoln.org.

We also have several resources for eBooks and eAudiobooks, including Overdrive and Hoopla! In addition to eBooks, Hoopla also provides our patrons access to movies, TV episodes, music, and comics.

* you will need your library card number to use these services.

Sponsored and paid for by the Friends of the Lincoln Library (FOLL).

Reading Takes You Everywhere!

Summer Reading Program 2018

Through reading we can travel to exotic lands and other planets, go back in time, or even explore the future. Get on board as we take an exciting journey through books by joining our Summer Reading Program and celebrating the adventurous spirit in all of us!

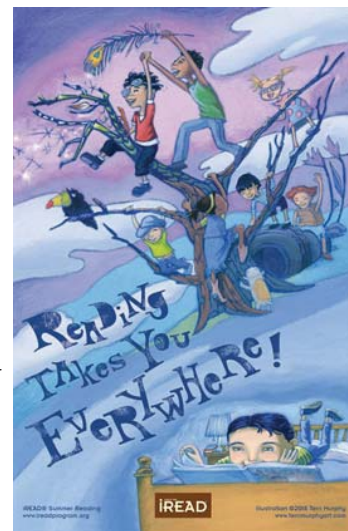
Earn rewards, get creative, combine literacy with adventure and have fun exploring for 6 weeks. This year's program, READING TAKES YOU EVERYWHERE, is focused on the excitement of exploration and new discoveries to be found in books, the library, our community, and beyond.

ALL AGES WELCOME!

Crafts & Activities: Wednesdays • 6/13 - 7/18 • 2:30 - 3:30pm • Twelve Bridges Library - Homework Center

Kick Off Party • Saturday • 6/9 • 1 - 3pm • Homework Center

Stop by the Library and pick up a passport-themed reading log, make a craft, and get some great books to start off your summer reading!



ONLINE.

You can register online at www.lincolnrec.net.
 Register for youth sport leagues at www.LincolnYouthSports.com.
 Register for adult sport leagues at www.LincolnRecSports.com.
 Register 24 hours a day, 7 days a week.

WALK-IN.

You can register in our office at 2010 First Street.

PHONE.

Give us a call at (916) 434-3220.



Register Online Now!

Office Closures

The Community Center will be closed on the following dates:

May 28
July 4

Office Hours

8:30am-4:30pm (closed from 12-1pm)

Park & Recreation Committee Members

Richard Moore - Chair
 Kelly Velasco - Vice Chair
 Jim Datzman
 Dave Fear
 Alex Floyd
 Daniel Gilliam
 Tim Monelo
 Roger Ueltzen

Committee Meetings

The public is invited and encouraged to attend the regular quarterly meetings. Meetings are held on the first Wednesday of March, June, September, and December at 5pm at the City Hall, 600 Sixth Street, First Floor Meeting Room.

Scholarships

Scholarships are available for low income families. In order to obtain a scholarship, an application and income verification must be submitted. Approval of the scholarship may take up to 2 weeks. Please contact the Community Center at (916) 434-3220 for more information.

The City of Lincoln staff reserves the right to photograph facilities, activities and program participants for potential future use in advertising, brochures and the City's web page. All photos will remain the property of the City of Lincoln.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, please be aware that programs, dates, prices, or descriptions may change periodically. In the event of a program change, every effort will be made to notify registrants in a timely manner.

General Information

- Payments can be made using credit card, check or cash.
- Program prices, dates and times are subject to change.
- Class fees will not be prorated for any reason.
- Registration is on a first-come, first-serve basis.
- The City has established non-resident fees for recreation programs. A non-resident is a person who lives outside of the Western Placer Unified School District.

Refund Policy

Community Classes/Camps/Aquatics

- The City of Lincoln reserves the right to cancel, combine or divide classes; change time, date or place of classes; instructor; or make other changes necessary.
- **Failure to attend a class or "no shows" will not be granted a refund.** Refunds are only eligible if received a minimum of seventy-two (72) hours prior to the first class, unless otherwise noted. If a request is turned in less than seventy-two (72) hours, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing, and can be submitted via fax, walk-in, mail, or email. Please email refund requests to amy.gregory@lincolnca.gov
- If the City of Lincoln cancels a program due to low enrollment, a full refund will be issued.
- If you are not satisfied with any of our programs, please contact the program supervisor.
- The online "convenience fee" will not be refunded.

Adult Sports Leagues

- Requests for refund must be received within 24 hours from the close of registration, unless otherwise noted. If a request is submitted after 24 hours, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email. Please email refund requests to douglas.brown@lincolnca.gov
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed a \$20 processing fee.

Youth Sports Leagues

- Requests for refund must be received within 7 days from the close of registration, unless otherwise noted. If a request is submitted after 7 days, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email. Please email refund requests to daniel.friese@lincolnca.gov
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed a \$10 processing fee.

Refund Request Forms are available online at www.lincolnrec.net

City of Lincoln Recreation is an approved vendor for the following schools:
 Horizon Charter Schools • South Sutter Charter School • Visions • Twin Ridges • Inspire



Lincoln Recreation



@lincolnparksrec
 @lysports



@lysports2015

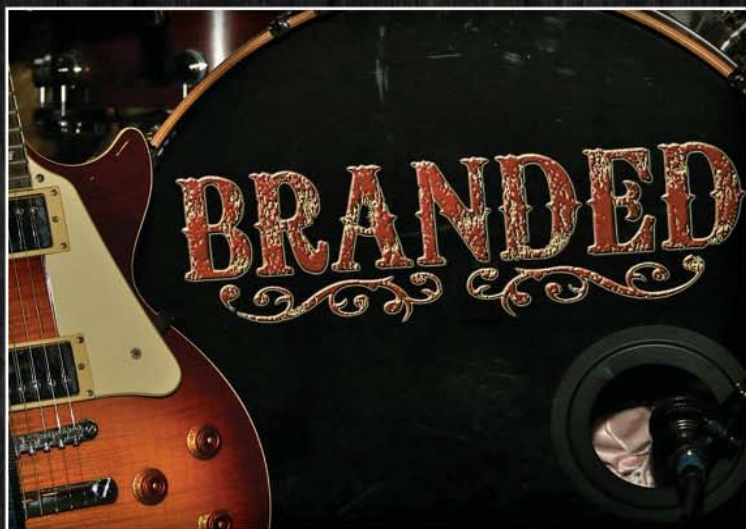


916.434.3220

SIGN UP EARLY!

Our programs fill up quickly, so don't wait until the last minute to sign up for a class or program. Go online now to sign up!
www.LincolnRec.net

City of Lincoln
Community Center
2010 First Street
Lincoln, CA 95648



2018 CITY OF LINCOLN RECREATION'S

Concerts in the Park

FREE LIVE MUSIC | 5:30PM-8:00PM

SPONSORSHIPS AVAILABLE! FOR MORE INFORMATION PLEASE CALL 916.434.3223



SPECIAL PERFORMANCES

BRANDED

SMOKEHOUSE REUNION

THE WIZ KID

JUNE 22ND | MCBARN

JULY 20TH | BEERMANN PLAZA

AUGUST 17TH | MCBARN